

2014



Creating an Inclusive Society

Workshop Report
Sexual Reproductive Health and Rights
21st – 24th July 2014

SUPPORTED BY:



OXFAM
Canada

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1. Background

The Disability, HIV and AIDS Trust has integrated Sexual Reproductive Health and Rights (SRHR) in its Disability, HIV and AIDS programming to strengthen its Disability and HIV and AIDS programming in Zimbabwe. In November 2012 DHAT did a mapping exercise to identify available SRH services and challenges facing persons with disabilities in accessing these services. The lack of data showing PWDs access to SRH services makes it difficult to know where we are and what percentage of the constituency is able to access SRH available services. It was acknowledged by the mapping exercise that to achieve at least 30% access to SRH and HIV/AIDS by PWDs by 2015, there is urgent need to build strategic partnerships, involvement of the media, establish discussions forums to share lessons learnt, raise awareness of SRH issues and production and dissemination of information on SRH in accessible formats.

SRH is very broad and has many elements, the major focus during the workshop was on integration of services such as Advocacy, HIV Basic Facts, Family Planning and Health and Human Rights.

Recommendations from the training were that DHAT should cascade the training to other DPOs and conduct follow up Monitoring Visits to those organisations who participated in the training.

2. Training Activity Update



Figure 1: Training Participants on group exercises

The 4 day training was conducted from Monday 21st July to Thursday 24th July 2014, at Young Women's Christian Association (YWCA) Centre in Bulawayo. Thirty-one (31) participants on the day 1; forty-seven (47) participants on day 2; fifty (50) on day 3 and thirty-six (36) on day 4.

10 Organisation's represented:

- Amatshe Aligugu (Precious Stone WWD) Trust
- Association of the Deaf (ASSOD)
- Council for the Blind
- DHAT Disability Network
- Hope for a Child in Christ (HOCIC)
- National Council for Disabled People of Zimbabwe (NCDPZ)
- Power Lifters for Disability
- Youth for Today and Tomorrow (YTT)
- Zimbabwe Down Syndrome Association (ZDSA)
- Zimbabwe National Family Planning Council (ZNFPC)

The workshop was facilitated by DHAT with presentations from HOCIC, ZNFPC and Social Services Department. The workshop was financially supported by Oxfam.



Figure 2: Social Services training participants on Assistant Medical Treatment Order

The training was aimed at equipping participants and their organisations with skills to improve knowledge and skills to openly discuss sensitive issues in relation to HIV/AIDS and reproductive health. The training included participatory activities adapted from the community ¹Advocates Training Manual that will help community advocates to :

- Differentiate advocacy activities other types of HIV/AIDS strategies
- Think creatively about different approaches to advocacy
- Learn and explore critical issues relating to HIV/AIDS and reproductive health
- Develop skills such as communication, presentation and facilitation

The training was conducted using various methods adapted from the Community Advocate Training Manual such as, presentations, group work, role plays and story telling and plenary discussions. All the methods used gave the participants the opportunity to share and learn increasing knowledge on HIV, AIDS and SRHR. The ZNFPC gave a presentation on what is SRHR and how PWDs can access the information and services; and HOCIC gave a presentation on Health Rights. Social Services presented what services they have for PWDs as well as how PWDs are able to obtain the Assistant Medical Treatment Order (AMTO) when PWDs have challenges in paying for government/municipal and designated mission hospital bills.

The training covered 2 key sessions:

- **Advocacy** : This session covered introduction to advocacy. This enabled the participants to have a shared understanding no the definition of advocacy, its benefits and explore how advocacy is and can be used in their everyday life.
- **HIV/AIDS and SRH issues** : This session provided participants with information on key HIV/AIDS and SRH issues which included values and behaviors; sexual transmitted diseases; HIV prevention; gender based violence; health and human rights.

¹ Community Advocates Manual – USAID and Population Council



Figure 3: Role play on effective communication



Figure 4: Role play on rape/sexual violence



Figure 5: Training Participants on group exercises

Facilitation and Planning

Quotations from Participants

- *“The training was very different from other trainings and unique that it gave practical examples through illustrations, role plays and story telling”;*
- *“My expectations as a training participant were met. We had so many questions but these were responded to with clarity. We can now go back and start implementing what we learnt from this workshop”;*
- *“The training was good and hoped to have a certificate”*

DHAT Facilitation and Planning

- DHAT conducted the training in a well coordinated and informed facilitation. Key issues within the training materials were articulated and explained clearly to training participants.
- DHAT managed to adapt training materials to suit the training participants.
- Responses to key questions from participants were relevant examples that could relate to DPOs programmes.
- DHAT ensured all training topics were understood by all participants before moving on to the next topic. The facilitation team was always punctual for meetings.

Training Challenges

- Time allocated for training was not adequate considering a wide range of issues covered by the training manual. More time was spent on explaining training components considering that some of the participants were hearing impaired and older persons and could not grasp concepts quickly. Training facilitators had to use a wide range of examples to cater for all groups represented;

Lessons Learnt

- Training workshops with PWDs should be well prepared in terms of materials being disability friendly to facilitate more understanding and encourage maximum participation. Maximum participation was also realized by the hearing impaired participants who had a translator throughout the training programme;
- For DPOs to meaningfully gain and contribute in training programmes, the right participants should be selected for trainings not necessarily founder members or unoccupied staff to represent the DPOs. This will assist DPOs in appreciating and institutionalizing knowledge and skills gained;
- Group exercises and role plays in between and at the end of each module assist in articulating and clarifying concepts leading to increased understanding among participants;
- The use of practical examples from DPOs programmes in training discussions facilitate quick understanding among participants as they can easily relate with training materials.

Overall Recommendations

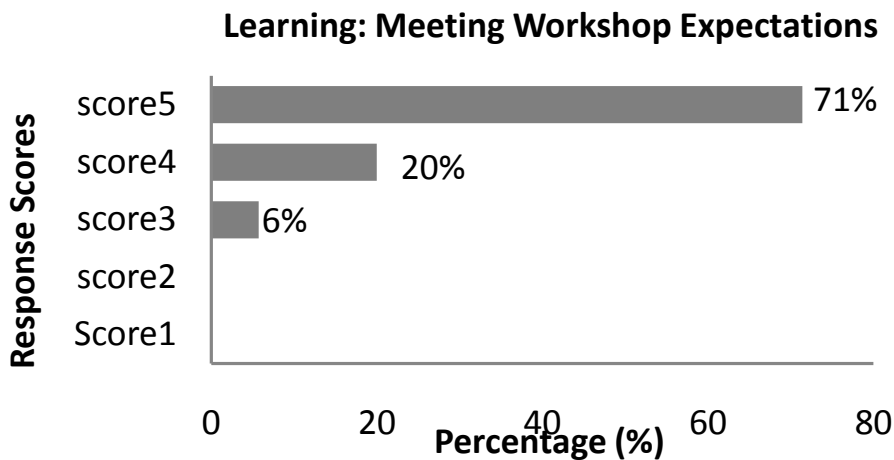
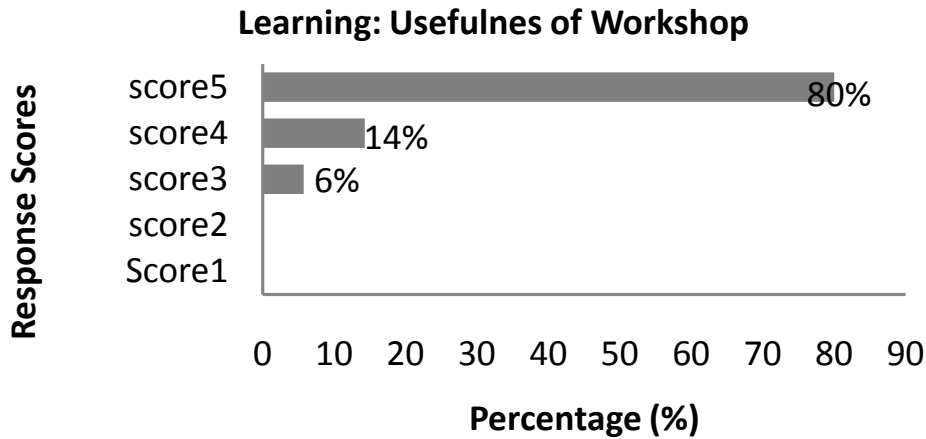
- Establishment of an Advocacy Committee;
- There is need for DHAT to summarize training materials into Disability Friendly format for example Braille to cater for the PWDs who are part of these organisations for easy reference;
- DPOs should use the knowledge attained from training to increase their advocacy efforts for PWD health rights;
- There is need for DHAT to find ways of sharing HIV/AIDS and SRH information with PWDs, DHAT to come up with a data base and be an information hub;
- DHAT should conduct follow up Monitoring visits and refresher trainings to DPOs who participated in the training as a way of promoting implementation of skills acquired during training; and

Way Forward

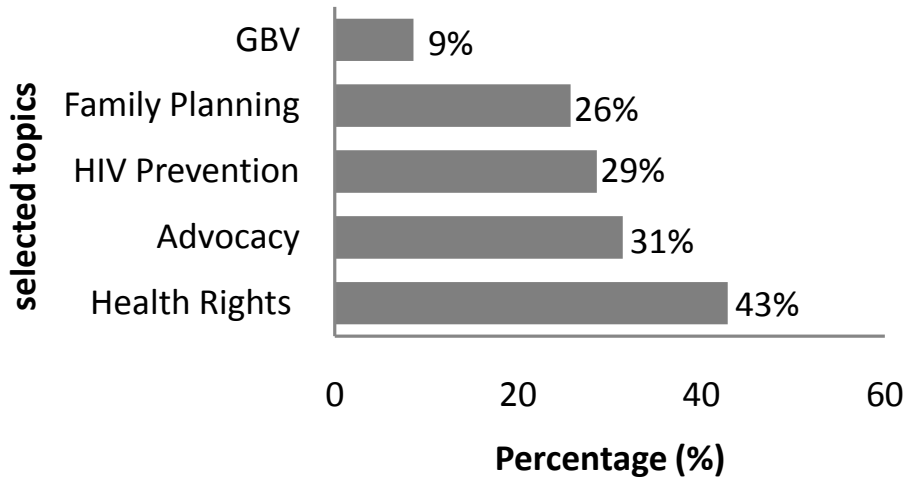
- Advocacy committee to meet in August 2014 to discuss advocacy issues for ACTION;
- DHAT to discuss setting up of an information hub.
- DHAT to contact ZBC and Star FM for slots on disability.
- DHAT to identify vocal and influential parliamentarians to support advocacy committee; and
- DHAT to compile Training Report.

2. Evaluation of Training Workshop

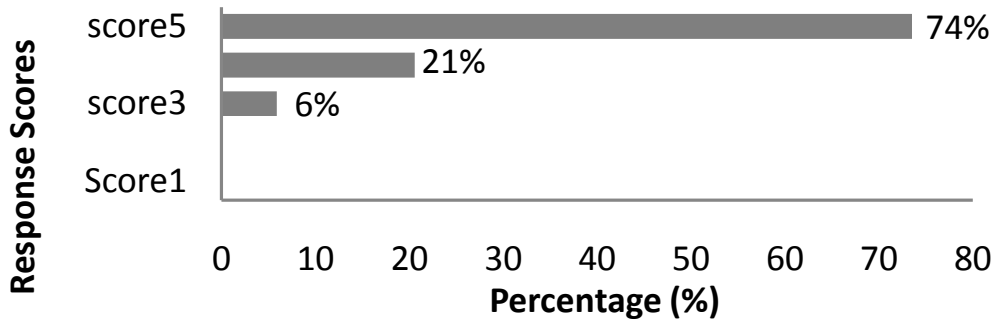
DHAT administered a post-training evaluation form where participants provided feedback on the training. The Evaluation focused on Relevance; Learning; Effectiveness; Efficiency; Facilitation: Application of Learning; Planning and Organization. Thirty-five (35) out of the 37 participants took part in the evaluation. The full evaluation results are shown in figure 6 below.



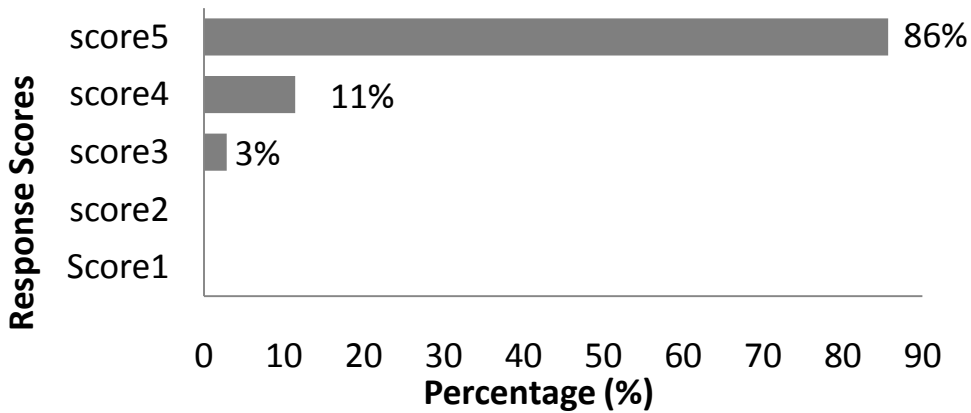
Learning: Useful topics to apply by participants



Learning: Opportunity for effective participation



Learning: Workshop Enjoyment



ANNEX 2: PARTICIPANTS LIST

Day 1

Attendance Register- Day 1

21/07/14

	Name	Organisation	Disability	Age	Sex	Telephone #
1	David Zulu	ZDSA	Polio	58	M	0712337212
2	Hazel Tshuma	DHAT Advocacy	Spinal Injury	55	F	0773381072
3	Andile Dube	ZDSA	Down Syndrome	29	F	0778249883
4	Sibonisiwe Mazula	ZDSA	Parent	A	F	0772673209
5	Clememce Mupasi	Council for the Blind	VI	50	M	0775190251
6	Zifa Moyo	Council for the Blind	Physical	49	F	0776223839
7	Chidhuza Lucy Chitiwa	Assod	Polio	45	M	0775851992
8	Marko Mwale	BPL	Polio	52	M	0772358137
9	Lucy P Mabaleka	DHAT IGP beneficiary	Left hand Amputee	21	F	0775490976
10	Maribha Moyo	DHAT IGP beneficiary	Albinism	22	F	0776713730
11	Daniel Masotsha	Assod	HI	44	M	0772117032
12	Musa Sibanda	Assod	HI	44	F	0779240590
13	Chiedza Benza	Assod	HI	46	F	
14	Sipho Majole	Precious stone trust	Polio	50	F	0712925166
15	Irene Moyo	DHAT IGP beneficiary	Paraplegic	33	F	0712925189
16	Roseliz Pono Maingehama	YTT		21	F	0739558384
17	Mercy Sibanda	YTT		22	F	0736989230
18	Thembe Mahlangu	YTT		33	F	0715749510
19	Rin Nkomo	YTT	HI	47	F	
20	Portia Ngwenya	YTT	Hi	27	F	
21	Marshall Sibanda	YTT	HI	30	M	
22	Banieie Moyo	YTT	HI	24	M	
23	Nkosilathi Dube	FFPD	Polio	43	M	0738044891
24	Siphiwe ncube	Amatshe Aligugu wwd	Polio	50	F	0712317787
25	Raymond Chifamba		Polio	58	M	0772457227
26	Shana Charumbira	YTT	HI	58	M	
27	Portia Sikhosana	YTT	HI	31	F	077781025
28	Priscilla Mukwenda	ZNFPC		A	F	0773011710
29	Lizzie Longshaw	DHAT Volunteer	Physical	A	F	0771160230
30	Hamida Mauto	DHAT		A	F	0775984692
31	Edwin Ndhlovu	DHAT	VI	32	M	0775203090

Attendance Register – Day 2 (July 22, 2014)

	Name	Organisation	Disability	Age	Sex	Telephone #
1	Mercy Sibanda	YTT		22	F	0736989230
2	Thembe Mahlangu	YTT		33	F	0715749510
3	Lizzie Longshaw	DHAT Volunteer	Physical	A	F	0771160230
4	Hamida Mauto	DHAT		A	F	0775984692
5	Edwin Ndhlovu	DHAT	VI	32	M	0775203090
6	Lizzie Ndhovu	HOCIC	HI	96	F	0776176514
7	Jesline Ndhlovu	HOCIC	Fracture Ribs	47	F	
8	Brian Moyo	HOCIC		14	M	0776176514
9	Daniel Masotsha	Assod	HI	44	M	0772117032
10	Gabriel Chanda	DCWPS		35	M	0772997335
11	David Zulu	ZDSA	Polio	58	M	0712337212
12	Zifa Moyo	Council for the Blind	Physical	49	F	0776223839
13	Marko Mwale	BPL	Polio	52	M	0772358137
14	Rin Nkomo	YTT	HI	47	F	
15	Portia Ngwenya	YTT	Hi	27	F	
16	Chiedza Phiri		HI	46		
17	Musa Sibanda	Assod	HI	44	F	0779240590
18	Maribha Moyo	DHAT IGP	Albinism	22	F	0776713730
19	Irene Moyo	DHAT IGP	Paraplegic	33	F	0712925189
20	Chidhuza Lucy Chitiwa	Assod	Polio	45	M	0775851992
21	Nkosilathi Dube	FFPD	Polio	43	M	0738044891
22	Roseliz Pono Maingehama	YTT		21	F	0739558384
23	Siphiwe ncube	Amatshe Aligugu wwd	Polio	50	F	0712317787
24	Sipho Majole	Precious stone trust	Polio	50	F	0712925166
25	Raymond Chifamba		Polio	58	M	0772457227
26	Marshall Sibanda	YTT	HI	30	M	
27	Portia Ngwenya	YTT	Hi	27	F	
28	Lindiwe Sibanda	Council for the Blind	VI	37	F	0772677826
29	Clememce Mupasi	Council for the Blind	VI	50	M	0775190251
30	Memory Mafusire	aid		25	F	0779187171
31	Obert Mazhazha	Aid		20	F	0717233066
32	Loreen Sibanda	Masiphathisane		19	F	
33	Gldys Marare	Masiphathisane	VI	40	F	0778372803
34	Nela Banda	Masiphathisane		28	F	0737949315
35	Sipiwe Ncube	Hope of Foundation		50	F	0715316937
36	Hazel Tshuma	DHAT	Spinal Injury	55	F	0773381072
37	Andile Dube	ZDSA	Down Syndrome	29	F	0778249883
38	Sibonisiwe Mazula	ZDSA	Parent	A	F	0772673209
39	Zifa Moyo	Council for the Blind	Physical	49	F	0776223839
40	Lucy P Mabaleka	DHAT Advocacy	Left hand Amputee	21	F	0775490976
41	Banieie Moyo	YTT	HI	24	M	
42	Shana Rharumbio	Assod	HI	59	F	
43	Kesiwe Sibanda		Epileptic	65	F	
44	Patience Nyoni		HI	48	F	
45	May Gwebu	Hope of Foundation	VI	75	F	
46	Bhekithemba Ndhlovu	DHAT Advocacy	Physical			0783084705
47	Bhekinkosi Ndhlovu	HOCIC	Physical	29	F	0716236197

Attendance Register – Day 3 (July 23, 2014)

	Name	Organisation	Disability	Age	Sex	Telephone #
1	Sipho Majole	Amatshe Aligugu Precious Stones Trust	Polio	50	F	0712 925 166
2	Irene Moyo	DHAT -IGP	Paraplegic	33	F	0774 314 245/0712 925 109
3	Lindiwe Sibanda	C.F.B	Visually Impaired	37	F	0772 677 826
4	Memory Mafusire			24	F	0772 677 826
5	Nelia Banda	Masiphathisane		28	F	0737 949 315
6	Gladys Marare	Masiphathisane	Blind	40	F	0778 372 803
7	Loreen Sibanda	Masiphathisane		19	F	
8	Bhekithemba Ndlovu	DHAT	Left leg amputee	25	M	0783 084 705
9	Sipiwe Ncube	Amatshe Aligugu Precious Stones	Polio	50	F	0712 317 787
10	Raymond Chifamba	NCDPZ	Polio	58	M	0772 457 227
11	Shana Charumbira		Deaf	59	M	
12	Chiedza Phiri		Deaf	46	F	
13	Baneie Moyo	ASSOD	Deaf	24	F	
24	Chiduzza Mutinha	ASSOD	Polio	45	M	0775 851 992
25	Zifa Moyo	Council for the blind	Physical	49	F	0776 223 839
26	Andile Dube	ZDSA	Down syndrome	29	F	0778 249 883
27	Siboniswe Mazula	ZDSA	Parent	A	F	0772 673 209
28	Nkosilathi Dube	F.F.P.D.	Polio	43	M	0738 044 891
29	Daniel Masotsha	ASSOD	Deaf	44	M	0772 117 032
30	Ring Nkomo	ASSOD	Deaf	47	F	
31	Portia Ngwenya	ASSOD	Deaf	27	F	
32	Marshall Sibanda	ASSOD	Deaf	30	M	
33	Elizabeth Mutero	ASSOD	Deaf	39	F	
34	Obert Mazhazhate	ASSOD Assit			M	
35	Clemence Mupasi	Council for the blind	Visually impaired	50	M	0775 190 251
36	Lucy P. Mabaleka	DHAT-IGP	Left hand amputee	21	F	0778 490 976
37	Hazel Tshuma	DHAT-IGP	Spinal Injury	55	F	0773 381 072
38	Moyo Marlaha	DHAT -IGP	Albism	22	F	0776 713 730
39	Portia Sikhosana	ASSOD		31	F	
40	Sipiwe Ncube	HOCIC	Care giver	50	F	0715 316 937/0777 400 766
41	Kesiwe Sibanda	HOCIC	Hand and leg Injury		F	
42	May Gwebu	HOCIC	Blind	80	F	
43	Musa Sibanda	ASSOD	Hearing	44	F	0779 240 590
44	Ring Inkomo	ASSOD	Hearing		F	
45	Jesline Ndlovu			77	F	
46	Buhlebenkosi Ndlovu	HOCIC	Right hand fracture	29	F	
47	David Zulu	ZDSA	Polio	58	M	
48	Thembi Mhlangu	Y.T.T		33	F	0715 749 510
49	Mercy Sibanda	Y.T.T		22	F	0736 989 230
50	Roseliz Maingehama	Y.T.T		21	F	0739 552 384

Attendance Register – Day 4 (24th July 2014)

	Name	Organisation	Disability	Age	Sex	Telephone #
1	Marshall Sibanda	Assodo deaf	Deaf	30	F	
2	Chiedza Phiri		Deaf	46	F	
3	Baneie Moyo	ASSOD	Deaf	24	M	
4	Marko Mwale	BPD	Polio	52	M	0772 358 137
5	Zifa Moyo	CFB	Physical	49	F	0776 223 839
6	Clemence Mupasi	CFB	Blind	50	M	0775 190 251
7	Obert Mazhazhate	CFB	Blind	20	M	0717 233 066
8	Andile Dube	ZDSA	Down Syndrome	29	F	0778 249 883
9	Sibonisiwe Mazula	ZDSA	Parent	A	F	0772 673 209
10	Sipiwe Ncube	HOCIC	Care giver	50	F	0777400766/0715316937
11	Kesiwe Sibanda	HOCIC	Epileptic fractured		F	
12	May Gwebu	HOCIC	Blind		F	
13	Brayn Moyo	HOCIC	Caregiver		F	
14	Sipho Majole	Amatshe Aligugu Precious stones Trust	Polio	50	F	0712925166
15	Lindiwe Sibanda	CFB	Visually impaired	37	F	0772677826
16	Memory Mafusire			24	F	0779187171
17	Gladys Marare	Masiphathisane		40	F	0778372803
18	Bhekithemba Ndlovu	DHAT	Left leg amputee	25	M	
19	Siphiwe Ncube	Amatshe Aligugu	Polio	50	F	0783084705
20	Raymond Chitamba	NCDPZ	Polio	58	M	0712317787
21	Shana Charambira	ASSOD Deaf	Deaf	59	M	0772457227
22	Portia Sikhosana	ASSOD Deaf	Deaf	31	F	
23	Musa Sibanda	ASSOD Deaf	Hearing	44	F	0777821025
24	Portia Ngwenya	ASSOD Deaf	Deaf	27	F	0779240590
25	Ring Nkomo	ASSOD Deaf	Deaf	44	F	
26	Lizzie Ndlovu	HOCIC	Deaf		F	
27	Daniel Masotsha	ASSOD	Deaf	44	M	
28	Nkosilathi Dube	F.F.P.D	Polio	43	M	0772117032
29	Thembie Mahlangu	YTT		33	F	0738044891
30	Buhlebenkosi Ndlovu	HOCIC	Right hand fracture	29	F	0715749510
31	Jesline Ndlovu	HOCIC		77	F	0716236197
32	Roseliz. L. Maingehama	YTT		21	F	
33	David Zulu	ZDSA	Polio	58	M	0739552789
34	Manlbha Moyo	DHAT	Abnism	22	F	
35	Mercy Sibanda	YTT		22	F	
36	Irene Moyo	DHAT	Paraplegic	33	F	0736989230

3. ANNEX 3 “QUOTES FROM PARTICIPANTS”

- When I was growing no one told me anything even about my monthly period. I had to teach myself. As a result I would wear a lot of cotton and 4 panties. At times I would spoil my uniform at school because the cotton wool would have moved. When I was doing my form 4, a boy came along sweet talked me and I fell pregnant. Up to this day I strongly feel if someone had told me about my menstrual cycle and my life could have been different.
- We are deprived of information and this is the traditional set up for PWDs, even in important family gatherings we are left out.
- Denied marriage : I fall in love with an able bodied boy, the love is very nice and I wanted to marry Simba. Simba says Im going to introduce you to my parents. Simba has not informed his parents that I am disabled. Simba’s relatives gather to meet me and when they arrive Simba introduces his me to his family, after sometime they notice that I am blind. Attitudes immediately changed and Simba is asked to me away back where he took her from. Love has been destroyed due to society not accepting disability.
- Chinamwari is a cultural training on how to take good care of your husbands sexually, this cultural act excludes girls with disabilities. The able bodied boys/men believe we have high libido, when in fact we don’t know much about sexuality.
- We have been using traditional medicines to prevent period pain and pregnancy. All these issues start at home, unfortunately our families deny us information to manage our sexuality, with the traditional medicines some girls/women with disabilities have destroyed their reproductive system.
- The female condom is just a joke for some of us....